



# WHO AM I? WHAT IS THE PURPOSE OF MY LIFE?

The second annual metapsychiatry retreat in the hills of Santa Barbara, CA

## *Like a Lotus Blossom...*

our lives can unfold perfectly and harmoniously. When we are aware of this possibility, we begin to see ourselves and the world in the context of God. With this new perspective revealed, we become increasingly aware of who we really are and what is the purpose of our life.

In this retreat, we will clarify and apply Metapsychiatric principles to move beyond mere intellectual knowing about God. By truly seeing the presence of God in our lives, we are better able to consciously participate in life as a beneficial presence. Led by Ruth Robins, a counselor and teacher of Metapsychiatry who studied for many years with Dr. Thomas Hora, we will meet for spiritual dialogue and meditation 3 hours each day. A limited number of private sessions with Ruth will be available.

To learn more about Ruth and Metapsychiatry, please visit [www.metapsychiatry.org](http://www.metapsychiatry.org) and [pagl.org](http://pagl.org). To learn more about Laurel Springs, please visit [www.laurelspringsretreat.net](http://www.laurelspringsretreat.net). Space is limited.

### **WHERE**

Laurel Springs Retreat  
Santa Barbara, CA

### **WHEN**

September 29 - October 4  
2008 (5 nights, 4 days)

### **COST**

Retreat:  
\$650 per person

Single Occupancy:  
\$650 per person

Double Occupancy:  
\$550 per person

(Occupancy includes  
3 delicious meals/day)

### **TO REGISTER**

Email:  
[info@laurelspringsretreat.net](mailto:info@laurelspringsretreat.net)  
Or contact Kabir:  
(805) 967-6688